

Discover Your Purpose

8-Week Life Coaching Program

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THE STEPPING STONES TO PURPOSE:

Childhood Influences: Most people do not want to admit that most of their actions and beliefs are heavily influenced by other people. But, most of what we think and do did not originate as our own idea. Knowing this frees us to embrace beliefs and life *choices* that genuinely resonate with who we truly are.

Passions and Interests: In life, there are things we just absolutely *love* to do! There are things feed us and make us feel alive. They inspire us and bring meaning to life.

Talents and Skills: Utilizing an innate, natural talent brings a level of fulfillment and inspiration to life. When we use our talents we feel *in flow*... and like we're *made for it*. There are also skills that unlock the keys to success, as well as others that simply bring more joy to life.

Personality: Investigating your "personality type" can be an intriguing and educational process; plus, it's fun! Knowing your "personality type" can help you gain more clarity about your purpose and which careers would be the best fit for your true self. It also helps you understand how you relate to others.

Life Changing Experiences: By looking at your life on a timeline you may notice a pattern or a series of experiences that led you down the path to where you are today, and where you're going!

Coincidences: When people experience a coincidence, they are often left in awe, recognizing that this is no "mere coincidence"—some greater meaning or purpose is behind the seemingly random alignment. Often these synchronistic experiences spark the knowing that a certain path or choice is the right one.

Eliminating B.S. (Belief Systems): We all have B.S., or limiting beliefs, whether they were created by us, people around us, or society. The key is to become aware of limiting beliefs and excuses and replace them with empowering beliefs. Once you're aware of your B.S. you can *choose* to change it!

Clarifying Your Purpose: After looking at all of these factors together in one place, ask yourself, what trajectory do you see your life has been taking and where does it all seem to be pointing you? What is your life really about? What are you here for?

Writing Your Manifesto: A manifesto is a declaration of your beliefs, opinions, motives, and intentions. You have your purpose, now you get to put into words WHY it's your purpose.

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Reg. \$897 | **FAST ACTION SCHOLARSHIP for workshop participants = \$447**
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Yes! I _____ (Your Full Name) am ready to discover my purpose!

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